



**POTTAWATTAMIE COUNTY**  
PUBLIC HEALTH

FOR IMMEDIATE RELEASE

APRIL 9, 2020

UPDATE FROM POTTAWATTAMIE COUNTY PUBLIC HEALTH

The total number of COVID-19 cases for Pottawattamie County remains at twelve. Three individuals have fully recovered, two are nearing recovery, three have improving symptoms, and four are still symptomatic.

The Iowa Department of Public Health released updated COVID-19 Outbreak Guidance for Businesses on April 8<sup>th</sup>. These guidelines provide detailed information for businesses with regard to preventing outbreaks, detecting outbreaks, and managing outbreaks.

Pottawattamie County Public Health recommends local businesses and organizations review the guidance. It can be found at: <https://idph.iowa.gov/Portals/1/userfiles/7/Guidance%20for%20businesses%20COVID%20Outbreak.pdf>.

The best way to protect yourself and others from COVID-19 is to stay home as much as possible. Only leave home for essential reasons. Do not visit big box stores except for essential grocery and pharmaceutical needs. If you must leave home, practice social distancing and stay at least six feet away from others. Implement excellent hygiene and disinfectant practices. Wash hands and disinfect frequently touched surfaces multiple times per day. Isolate if you are sick.

If you have COVID-19 symptoms or develop symptoms, (fever, cough, shortness of breath) contact your healthcare provider before going to the doctor's office or an emergency room.

**COVID-19 Resources:**

[Pottawattamie County EMA COVID-19](#)

[Iowa Department of Public Health](#)

[Center for Disease Control and Prevention](#)

**COVID-19 Hotlines:**

Iowa COVID-19 Hotline: 2-1-1 or 1-800-244-7431

Pottawattamie County Emergency Management Agency COVID-19 Hotline: 712-890-5368 or 712-890-5369

Hope 4 Iowa Crisis Hotline: 844-673-4469

Methodist Health System Hotline and Screening Tool: 402-815-SICK (7425).

CHI Health Hotline: Visit [www.chihealth.com](http://www.chihealth.com) for information

Media Contact: Ashley Kruse, Communications Officer, City of Council Bluffs, 712-318-9000